



Certificate Program in Christian Formation and Spiritual Direction

2020-2022

Offered in Scottsdale, Arizona, beginning in October 2020
By Christian Formation & Direction Ministries (CFDM) Arizona

Christian Formation & Direction Ministries Arizona (CFDM) is a non-profit Christian ministry. Its mission is to “lead others into a deeper love for and intimacy with the Father, Son, and Holy Spirit through spiritual formation and the art of spiritual direction...particularly through the training, re-sourcing, networking, and supervising of spiritual directors for Christian churches in the western United States.” For more information, visit its website at www.cfdmarizona.org

The goal of the Certificate Program in Christian Formation and Spiritual Direction is to help the student

- To mature into deeper intimacy and friendship with the Triune God
- To develop a theology of Christian spirituality by drawing on and integrating insights from Scripture, theology, historical traditions, psychology and related fields
- To discover the richness of one’s own spiritual tradition and the gifts and blessings of other traditions
- To learn about, and engage in, spiritual habits and practices that facilitate spiritual growth
- To grow in balancing prayer, study and service and in developing practical wisdom based on Scripture, tradition, reason, and experience
- To gain experience and skills in providing individual and group spiritual direction in a Christ-centered program and context
- To participate in a creative partnership among Christian spiritual directors in the Southwest

Certificate Program Retreats and Dates. All on-site retreats take place at Saint Barnabas on the Desert Episcopal Church in Scottsdale, AZ unless otherwise announced. **Zoom Retreats for Year One** will begin on Thursdays @ 2:00, ending with fellowship hour @ 5:00. Friday and Saturday begin @ 9:00 am, ending at 5:00 pm.

Year One - Focus on Christian formation and introduction to the art of spiritual direction

October 15-17, 2020	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm
January 14-16, 2021	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm
May 13-15, 2021	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm
August/To be determined	One day retreat, Date decided by Cohort
By arrangement	Monthly retreat Days
By arrangement	Monthly individual meetings with a spiritual director

Year Two - For those continuing, focus now is on supervised training in spiritual direction

October 7-9, 2021	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm
January 13-15, 2022	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm
May 12-14, 2022	Class/Training, Thursday @ 2:00 pm thru Saturday @ 5 pm (graduation)
By arrangement	Monthly individual meetings with a spiritual director
By arrangement	Monthly individual retreat days
To be determined	Monthly supervision, either group or individual as assigned

Costs:

Due to the COVID Virus, year one will meet on the Zoom platform, providing a safe and accessible environment, while lowering the cost.

Tuition for year one will be **\$1,500**. This tuition covers 10 days of instruction, program faculty, guest faculty, curriculum, resources, administrative costs and other materials. An additional **Mini-Retreat** day takes place on a Saturday in August between years one and two.

If program continues using the **Zoom** platform, tuition will also be **\$1,500**. If it is decided to hold year two on-site, tuition will be increased to provide for catered meals (breakfast lunch, snacks, one dinner) and facility rental. Year two also provides monthly

individual or group supervision with a certified, trained supervisor for ongoing evaluation and training. Not included are costs for transportation, overnight accommodations, and fees, if any, for individual spiritual direction and monthly personal retreat days.

A \$50 non-refundable processing fee is due with application and \$360 is due at time of admission to the program to reserve a place, as space is limited. Remaining tuition for the Program is due in advance on a yearly or term basis or by arrangement.

Entry Requirements

Admission is open to individuals (lay or clergy) from any Christian denomination or group, who have a bachelor's degree or its equivalent and/or have training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted when the following steps have been completed:

- A completed application submitted by September 15. Earlier application is encouraged because the size of a class is limited and may be closed before the deadline.
- A \$50 non-refundable processing fee made out to CFDM Arizona.
- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in spiritual formation and spiritual direction.
- Two letters of reference (one pastoral and one personal)
- An interview with one of the Program Faculty/Staff

Faculty

Joyce Vidal-Thornburg, MA, CT, CSD. Bereavement Counselor for Hospice of the Valley; Spiritual director, Supervisor, and Executive Director of CFDM Arizona.

Ann Hott, CSD, Certified Spiritual Director/Supervisor. Director of Operations, Saint Barnabas on the Desert Episcopal Church.

Kim de Beus, MA, CSD, Certified Spiritual Director/Supervisor

Guest Faculty as available

For more information, contact

Joyce Vidal-Thornburg, Executive Director for CFDM Arizona, jvidal460@gmail.com, (602)750-9970, www.cfdmarizona.org



APPLICATION
Certificate Program in Christian Formation and Spiritual Direction
Cohort 6, 2020-2022

Name: _____

Address: _____

Home phone (____) _____ Work phone (____) _____ Email: _____

Church connection: _____

Attach the following to this application:

- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in the program and in becoming a spiritual director—see questions on the next page of this form.
- Two letters of reference [one pastoral and one personal]—see attached form
- A \$50 non-refundable processing fee made out to CFDM

Upon receipt of application you will be contacted for an interview.

Note: Admission is open to individuals, lay or clergy, from any Christian denomination or group who has a bachelor's degree or its equivalent and/or has training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted by the Admissions Committee [composed of Faculty and Staff of the Certificate Program] following receipt of a completed application and an interview with one or more members of the Admissions Committee.

Cost for year one of the two-year program is \$1,500 on the **Zoom** platform. First year tuition covers ten days of instruction, program faculty, guest faculty, resources, administrative costs and other materials.

For year two, tuition will be determined by whether or not the Retreats are held **on Zoom or on-site**. Year two tuition will be \$1,500 on the **Zoom** platform. It covers nine days of instruction and practicum, program faculty, guest faculty, resources, administrative costs, and other materials. Also included is monthly individual or group supervision with a certified supervisor for ongoing evaluation and training.

If **on-site**, tuition will be \$1,960 as it will include catering for one dinner, breakfast, lunch and snacks for two days, a graduation banquet and facility rental. Not included are costs for transportation, overnight accommodations, and fees, if any, for individual spiritual direction and monthly personal retreat days. A \$50 non-refundable processing fee is due with application and \$360 is due at time of admission to the program [to reserve a place—space is limited] and remaining tuition for the Program is due in advance on a yearly or term basis, or by arrangement.

I understand and agree to the program costs as stipulated above.

Signature _____ Date _____

Send completed application to Joyce Vidal-Thornburg, jvidal460@gmail.com, or by surface mail to 5010 N. Granite Reef Scottsdale, AZ 85250

Questions to consider in completing your personal statement as part of the application process

1. How would you describe your understanding of spiritual formation? Of spiritual direction?
2. Do you have, or have you ever had, a spiritual director. If so, for how long? What has been your experience and what has been most helpful to you in this relationship?
3. Have you ever had any spiritual formation or spiritual direction training? If so, please describe.
4. Do you have any theological training (i.e. seminary, bible school, courses, workshops)? Please be specific.
5. How/where did you find out about this program in spiritual formation and direction?
6. What do you hope to receive from this program?
7. What is going on internally within you that is leading you to seek out spiritual formation and direction training?
8. If you are married, describe your spouse's response to your desire to be in this program.
9. Describe your spiritual journey and your relationship with God at this time.
10. What do you see as your strengths? Weaknesses?
11. Describe any steps you have taken or experiences you explore (i.e. counseling, spiritual direction, journaling, group work, etc.) to pursue emotional health and growth.
12. We believe it is God's desire that individuals not only grow in experiential knowledge of God but also in experiential knowledge of self. Therefore, one main focus of this program will be to take an in-depth and very honest look at yourself and your life – your relationship with God, your relationship with others, your giftings, strengths, weaknesses, wounds, addictions, etc.

What is your response within as you read the above statement about this program?



Certificate Program in Christian Formation and Spiritual Direction in Arizona
2020-2022 Recommendation Form
[make copies as needed]

NAME OF APPLICANT: _____

When completed email this form to Joyce Vidal-Thornburg, jvidal460@gmail.com, or by surface mail to Joyce Vidal-Thornburg at 5010 N. Granite Reef. Scottsdale, AZ 85250

The above-named applicant has applied for admission to our two-year training program in Christian Formation and Spiritual Direction, with the goal of engaging in Christian formation and possibly becoming a spiritual director. Please respond to the following questions with that in mind.

1. Name some characteristics showing suitability for this ministry:

2. What are the strengths of this person?

3. In what areas could this person grow?

4. How long have you known this person? In what capacity?

5. How would you characterize this person's relationship with God?

6. How would you characterize this person's relationship with his/her family and friends as well as with those to whom he/she ministers?

ADDITIONAL COMMENTS:

Your Name (please print) _____ Date _____

Your Signature _____

Your position _____

Your phone number _____

