



***Info Sheet:  
Certificate Program in  
Christian Formation and Spiritual Direction  
2018-2020***

Offered in Scottsdale, Arizona, beginning in October 2018  
By Christian Formation & Direction Ministries (CFDM) Arizona

**Christian Formation & Direction Ministries Arizona (CFDM)** is a non-profit Christian ministry. Its mission is to “lead others into a deeper love for and intimacy with the Father, Son, and Holy Spirit through spiritual formation and the art of spiritual direction...particularly through the training, re-sourcing, networking, and supervising of spiritual directors for Christian churches in the western United States.” For more information, visit its website at [www.cfdm.org](http://www.cfdm.org).

**The goal of the Certificate Program** in Christian Formation and Spiritual Direction is to help the student

- To mature into deeper intimacy and friendship with the Triune God
- To develop a theology of Christian spirituality by drawing on and integrating insights from Scripture, theology, historical traditions, psychology and related fields
- To discover the richness of one’s own spiritual tradition and the gifts and blessings of other traditions
- To learn about, and engage in, spiritual habits and practices that facilitate spiritual growth
- To grow in balancing prayer, study and service and in developing practical wisdom based on Scripture, tradition, reason, and experience
- To gain experience and skills in providing individual and group spiritual direction in a Christ-centered program and context
- To participate in a creative partnership among Christian spiritual directors in the Southwest

**Certificate Program Retreats and Dates. All retreats take place at Saint Barnabas on the Desert Episcopal Church in Scottsdale, AZ unless otherwise announced.**

**Year One - Focus on Christian formation and introduction to the art of spiritual direction**

October 25-27, 2018	Class in Spiritual Formation, Thursday 2:00 pm thru Saturday 5:00 pm
January 17-19, 2019	Class/training continued, Thursday 2:00 pm thru Saturday afternoon.
May 16-18, 2019	Class in Spiritual Practices, Thursday 2:00 pm thru Saturday afternoon.
By arrangement	Monthly retreat Days
By arrangement	Monthly individual meetings with a spiritual director

**Year Two - For those continuing, focus now on supervised training in spiritual direction**

October 17-19, 2019	Class/training continued, Thursday 2:00 pm thru Saturday 5:00 pm
January 16-18, 2020	Class/training continued, Thursday afternoon thru Saturday afternoon
May 14-16, 2020	Class/training continued, Thursday afternoon thru Saturday afternoon

By arrangement	Regular meeting with one's spiritual director
By arrangement	Monthly individual retreat days
TBD	Monthly supervision for direction given
By arrangement	Participation in a network of spiritual directors

**Costs:**

Cost for the two-year program is \$4,260. In the first year, the \$1,960 tuition covers nine days of instruction and practicum in a church setting, refreshment/snacks and meals (breakfast, lunch, snacks and one dinner during each three-day event), faculty, resources, administrative costs, reprints and other materials.

In the second year the \$2,300 tuition covers nine days of instruction and practicum, refreshment/snacks and meals (breakfast, lunch, snacks and one dinner during each three-day event), faculty, resources, administrative costs, reprints and other materials, and monthly individual or group supervision with a trained supervisor for ongoing evaluation and training. Not included are costs for transportation, overnight accommodations, and fees, if any, for individual spiritual direction and monthly personal retreat days. A \$50 non-refundable processing fee is due with application and \$360 is due at time of admission to the program to reserve a place, as space is limited. Remaining tuition for the Program is due in advance on a yearly or term basis or by arrangement.

**Entry Requirements**

Admission is open to individuals (lay or clergy) from any Christian denomination or group, who have a bachelor's degree or its equivalent and/or have training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted when the following steps have been completed:

- A completed application submitted by September 15. Earlier application is encouraged because the size of a class is limited and may be closed before the deadline.
- A \$50 non-refundable processing fee, made out to CFDM.
- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in spiritual formation and spiritual direction.
- Two letters of reference (one pastoral and one personal)
- An interview with one of the Program Faculty/Staff

**Faculty**

Joyce Vidal-Thornburg, MA, CT, CSD. Bereavement Counselor for Hospice of the Valley with 20+ years of counseling experience; Spiritual director, Supervisor, and Executive Director of CFDM Arizona.

Ann Hott, CSD, Certified Spiritual Director/Supervisor. Director of Operations, Saint Barnabas on the Desert Episcopal Church.

Intern Faculty: Kim de Beus, MA, CSD, Certified Spiritual Director

**Guest Faculty:** Rev. Dr. Catherine C. Gregg, D.Min., Co-Director of CFDM, ordained Episcopal Priest, Canon for the Episcopal Diocese of Nevada, former Rector at Grace Episcopal Church in St. George, Utah, and former Director of both the Doctor of Ministry Program in Spirituality and the Certificate Program in Spiritual Direction at Azusa Pacific University in Southern California.

**Other Guest Faculty as available**

**For more information, contact**

Joyce Vidal-Thornburg, Executive Director for CFDM Arizona, [jvidal460@gmail.com](mailto:jvidal460@gmail.com), (602)750-9970, [www.cfdm.org](http://www.cfdm.org).